

*Cass Clover*

4-H Family News

JANUARY/FEBRUARY 2021

Dear 4-H Family and Friends,

HAPPY NEW YEAR! Here's a secret... when I write these I always look back at last year for inspiration (read: to make sure I don't say the same thing again) and last year I wrote "I have some exciting and fun things planned for 2020"... YIKES. I am a strong advocate for following through with what you say and I try my best to model that to all of you. Am I major optimist? Oh yes. Did I have HUGE goals for 2020 that I didn't meet? Yes but I also learned and tried things I wouldn't have ever tried before. At home kits? No way. BUT WE DID IT! With that said, I am going to say it again... I HAVE SOME EXCITING AND FUN THINGS PLANNED FOR 2021 (I'm an optimist, remember?!). Here's to another year for our program to flourish as we learn to adapt!

Sincerely,

Hailey Harman

4-H Program Coordinator, Cass County

2020-2021 4-H ONLINE ENROLLMENT FOR MEMBERS AND LEADERS

Remember, no participation fees for this enrollment year!

If you have friends that would like to try 4-H, but have been hesitant because of the fee, it's a great time to sign them up!

Please make sure you do enroll so you are not missing out on upcoming opportunities.

Don't forget to get your enrollment submitted ASAP. The link to re-enroll is:

<https://v2.4honline.com/> Remember, no participation fees for this enrollment year! All re-enrollments are due April 30th!

Please make sure you do enroll. New this year, you have the ability to register for workshops and other events through 4-H Online. We actually have two opportunities in this newsletter to register for events with this new system... it should be easy for you AND easy for us to keep track of registrations and being able to remind you of things you may need for your event. We are excited for this new addition to 4-H Online; we think you will like it too.

Contact Us

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[www.canr.msu.edu/Cass/
4-h/newsletters](http://www.canr.msu.edu/Cass/4-h/newsletters)



ONCE YOU REPLACE NEGATIVE THOUGHTS
WITH POSITIVE ONES,
YOU'LL START HAVING POSITIVE RESULTS.

-WILLIE NELSON

**Give the gift of
Spartan Cheese!**



Spartans are creative and adaptive, so when the COVID-19 pandemic disrupted normal operations this year, MSU Dairy Store cheese was transferred to MSU Extension. The MSU Product Center then turned this into an opportunity for the perfect holiday gift box. Start your new year with delicious Spartan cheese!

MSU Dairy Store cheese boxes are available for a limited time. From smoky cheddar to salty caerphilly, gift boxes are available for delivery or contactless pickup in Okemos or Novi. Visit the online store today at <https://msu-dairy-store.myshopify.com/>.

January

- 13 Teen Leader Association Meeting, *Zoom*, 6:30 p.m.
- 28 Cass County Leaders' Association Annual Meeting, *Zoom*, 7:00 p.m.

February

- 5 Cass County 4-H Senior Scholarship Application Due, 5:00 p.m.
- 10 Teen Leader Association Meeting, *Zoom*, 6:30 p.m.
- 15 MI Ag Ideas to Grow With (Youth Sessions), *Zoom*
- 17 Horse Leader Association Meeting, *Zoom*, 7:00 p.m.
- 25 Leaders' Association Meeting, *Zoom*, 7:00 p.m.

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

4-H Statewide Events and Workshops

January 7: Cloverbud Social Emotional Wellness Kit, *Zoom*

<https://www.canr.msu.edu/events/cloverbud-social-emotional-wellness-kit>

January 12: Wild and Crazy Careers 4-H SPIN Club, *Zoom*

<https://www.canr.msu.edu/events/wild-and-crazy-careers-4-h-spin-club>

January 14: Adulting 101 - International Conversations, *Zoom*

<https://www.canr.msu.edu/events/adulting-101-winter-series-jan-14>

January 21: Success and Safety on Volunteer-led Virtual Programs, *Zoom*

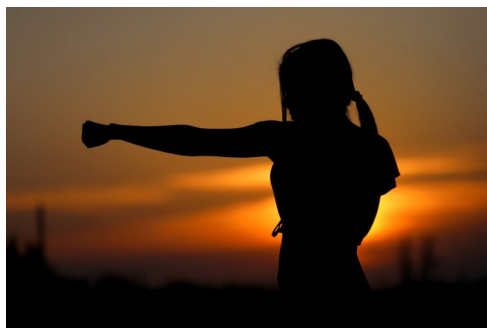
<https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-1>

January 26: Success and Safety on Volunteer-led Virtual Programs, *Zoom*

<https://www.canr.msu.edu/events/success-and-safety-in-virtual-volunteer-led-programs-2>

Cass County 4-H Leaders Association's Senior Scholarship

The annual Cass County 4-H Senior Scholarship application is available on our website and can be mailed or emailed by request. This scholarship is awarded to two 4-H members graduating in the Class of 2021 who are planning to continue onto a post-secondary education school. All applications are due by February 5, 2021 at 5:00 p.m. Recipients will be notified via mail and recognized on Facebook and in the March/April Newsletter!



4-H Ninja Training SPIN Club

Ever wonder what it takes to be a ninja like you see on TV? Besides being physically active and in shape, what other things help them to be successful?

Michigan 4-H will be hosting a new and fun SPIN club opportunity for youth to learn what it takes to become a ninja. Throughout the six-week series, different topics will be explored to help youth learn how to be active and strive to

be healthy.

This series will run each Wednesday from February 10—March 17. Topics covered will include:

- **Goal setting.** Uncover your physical fitness goals and how you can accomplish them.
- **Strength.** Ninjas have to have both physical and mental strength. Explore ways to improve your strength.
- **Physical activity.** Learn exercise practices that can help you move and gain flexibility.
- **Good nutrition.** Ninjas must eat right to perform at their best. Discover what good nutrition look like.
- **Balance.** Balance is fundamental in ninja training. Learn ways to build balance into everyday routines.
- **Mindfulness (patience and focus).** Learn strategies that build patience and focus during your ninja training.

Youth that complete the SPIN club will have the opportunity to hear directly from a real-life ninja: 2020 American Ninja Warrior winner Daniel Gil. He will speak to Michigan 4-H youth and friends on Wednesday, March 24. To register for the club, visit www.canr.msu.edu/events/4-h-ninja-warrior-spin-club.

Resolve to have a great 4-H year

Christine Heverly, MSU Extension. Adapted from an article originally published by Sandy Risedorph.

As we begin 2021, here are ten suggestions to make the upcoming year a successful one. Resolve that:

1. Club meetings will start and end on time.
2. Business meetings will follow Roberts Rules of Order. All club paperwork such as minutes, club inventory and financial statements will be completed in a timely manner.
3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.
4. The club meeting will be safe, comfortable and welcoming.
5. Fun will be included in each meeting.
6. The club will pursue at least one community service project chosen, planned and celebrated by the club.
7. New members will have a buddy they may talk with about any 4-H questions.
8. The 4-H Pledge will be said at every meeting.
9. Every club member will be recognized in some way to let them know they are cared about.
10. The club will review club resolutions and Guiding Principles at least once year.

2021 Michigan 4-H State Award Changes



Are you planning to apply for a 2021 Michigan 4-H State Award or submit a Mark of Excellence essay? The timeline for these exciting programs has changed!

The deadline to submit applications or essays is now April 1, 2021.

Applications will again be submitted with the MSU Extension events management system.

Additional information regarding the awards program will be forthcoming. Learn more and apply at: extension.msu.edu/4HStateAwards.

4-H Leaders' Association

Are you looking to help the county 4-H program? The 4-H Leaders' Association is the place for you! Come to our meetings on Thursday, January 28th and February 18th via Zoom at 7:00 p.m. to see what we are all about!

<https://msu.zoom.us/j/92911449224>
 +1 312 626 6799
 ID:929 1144 9224
 Password: Cass



Horse Leaders' Association

Our Cass County 4-H Horse Leaders' Association works to provide educational opportunities for youth in the horse project area. If you would like to be involved, please consider coming to the Horse Leaders' meeting on Wednesday, February 10th via Zoom.

<https://msu.zoom.us/j/92294069396>
 +1 312 626 6799
 ID:922 9406 9396
 Password: Cass

4-H Leaders' Association Annual Meeting January 28, 2021

Join us for the 4-H Leaders' Association Annual Meeting on January 28th at 7:00 pm. This important meeting will include the election of officers and the approval of the upcoming year's budget. We are looking for Leaders to fill the President, Treasurer, and Secretary positions. As we look toward a brand new year, please consider being part of how Cass County 4-H can navigate through this upcoming year! **Please let Hailey (harmanha@msu.edu) know if you are interested in running for a position on the board by January 21st!**

Equine Education Wednesdays

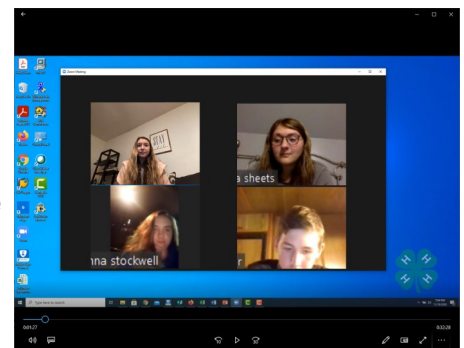
Equine Education Wednesdays will be coming to you in the comfort of your own home beginning March 3rd for six (6) consecutive weeks (ending April 7) at 6:30 p.m. for 1 hour each week. Just think, you can sit in your comfiest loungewear (jammies) to listen to a different topic each week like veterinary care, hoof trimming, dental care, judging and much more. What a great opportunity to learn from professionals, be able to ask questions, and get to know the equine industry a little better. Thank you Cass County Horse Leaders' Association for sponsoring this series!! **Registration is open now... just sign in on your 4-H Online profile, click events, then click register!**

MI Ag Ideas to Grow With

New this year... MI Ag Ideas to Grow With (formally known as Ag Action Days) will be implementing a YOUTH portion. This program is a FREE virtual program that will feature sessions around Ag Careers, Farm Safety, and Apprenticeships. These youth sessions will take place on February 15th in two blocks (morning and afternoon) to best fit your schedule! Check our Facebook for registration information as it becomes available.

Jumanji- The County Clover Caper

Many thanks to Ellianna Fonseca and Julia Sheets from the 5-H 4-H Club, Brianna Stockwell from the North Red Hill 4-H Club, and Fisher Mosher from the Creative Kids 4-H Club for leading the Annual 4-H Awards Banquet on November 14th. The Jumanji style game included tasks related to the 4-H pledge to release Hailey Harman from virtual game to announce the honorees of the evening.



VIRTUAL AWARDS BANQUET HONOREES

If you weren't able to join us for our annual Senior/Leader Awards Banquet, you missed a fun experience of intrigue and tongue-in-cheek nod to "Jumanji, the County Clover Caper" and 2020 . Those honored this year included:

Seniors:

Jena Bradley	Skylar Littrell	Mica Samys	Hunter Wallace
Riley Bush	Mary Luchowski	Julia Sheets	Daniel Waltz
Casey Clark	Savannah McDougle	Andrew Shenfeld	Addison Ward
Kaleb Collins	Erin Morgan	Grace Silverthorn	Aidan Ward
Heaven Cooper	Chris Mosher	Elliott Smith	Makayle Weedon
Owen Cooper	Cheyann Name	Courtney Sobieski	Ashton Weston
Dominick Cox	Brandon Newland	Abbiegaile Souers	William Westphal
Morgan Dull	Taylor Palmer	Caitlyn Steensma	Isaiah Witmer
Ellianna Fonseca	Levi Peterson	Brianna Stockwell	
Alyssa Gearhart	Meg Pomranka	Sarah Stovern	
Benjamin Gillesby	Alexis Rauch	Jimmy Strukel	
Madison Green	Alana Reed	Elizabeth Tharp	
Eve Heintzberger	Gabriella Rowan	Ava Tomas	
Allie Johnson	Bridget Sager	Justin Townsend	

Horse Honorees/Scholarships:

Graciana Smith - Gymkhana & Ranch	Zoe Pegura—Western & English
Daniel Doyle—ES & Horse Leaders	Graciana Smith—Bea Porath Memorial

State Awards: Emily Luthringer—Senior Goat

County Medals:

Daniel Doyle - Senior Dog	Brianna Stockwell - Senior Achievement
Makayla Dopkowski - Senior Goat & Mentorship	

Teen Leaders:

First Year—Brianna Stockwell

Second Year—Katherine Gregory, Noah Krager, Anna Ives, AJ Harris and Jamie Howard

Leader Milestones:

5- Years— Sara Brennehan, Joseph Dohm, Henry Essex, Scott Hartsell, Kenny Jamrozy, Rachael Kidman, Diane Leach, Michael Proctor, Barbie Starr

10-Years—Jim Davis, Sam Preston, Brooke Ruggles, Chelsey Torres

15-Years—Ron Proctor

20-Years—Char Aardema, Mary Brown, Terri Fryman, Terry Groth, Nikki Light-Hargrove, Amy Pike

25-Years—Deborah Deubner, Elizabeth Mesko

30-Years— Jenny Bischoff, Robert McCarthy

35-Years—Shelia Davis, Diana Grabemeyer, Gail Peterson, Karen Wright

40-Years—David Accoe, James Becraft, David Groth, William Shupp

55-Years—Bonnie McCarthy

*Please join me in congratulating all our leaders and honorees
on a job well done in a very challenging year!*

Congratulations!

4-H Teen Leaders' Association

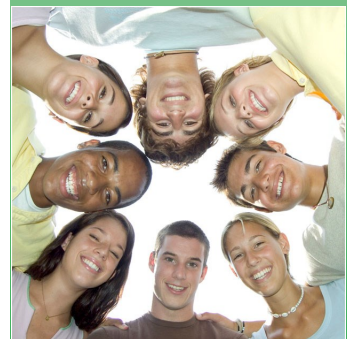
Our Cass County 4-H Teen Leaders' Association works to provide educational (and fun) opportunities for youth in Cass County 4-H. All youth 13+ are encouraged to attend! If you would like to be involved, please consider coming to the Teen Leader meetings on Wednesday, January 13, 2021 at 6:30 p.m. via Zoom.

<https://msu.zoom.us/j/92261798949>

+1 312 626 6799

ID:922 6179 8949

Password: Cass



Blue Ribbon Entry/Pen Reservations

All fair registrations will be done online using the Blue Ribbon website. No paper forms will be permitted. There will be workshops provided during the registration period for those that need assistance. Dates and locations will be determined and announced at a later date. All fair entry registrations will be due on June 17, 2021 at 11:59 p.m. **NO LATE ENTRIES WILL BE ACCEPTED! As a reminder, please remember that fair registration is not the same as 4-H enrollment. When signing up as a 4-H member you use the 4-H Online 2.0 system and when registering for the fair you use the Blue Ribbon system.**

There will NOT be mandatory pen reservations. Some species may continue to use a form but failure to turn them in will not result in ineligibility to exhibit at the fair. The species that decide to have a paper form will be noted in the upcoming clovers. These forms will be available in our office once online registration launches.



Possession Dates for the 2021 Cass County Fair

- Dogs– April 1, 2021
- Dairy Feeder Steers– April 17, 2021
- Dairy, Goats, Horses, Sheep, Swine– May 1, 2021
- Beef Feeders and Beef Breeding Stock– May 1, 2021
- Breed Rabbits– June 1, 2021
- Cats– June 15, 2021
- Market Rabbits– July 1, 2021
- Poultry– July 3, 2021

These dates follow the trend of previous years. Please check frequently as new, solidified dates become available. Please check the Cass County Fair Facebook page for validation information.

**2021 Cass
County Fair
August 1-
August 7, 2021**

Contact Information: Cass County Fair

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